

# THIS IS OUR **FREEDOM** *Weekly Report*



**HONOR  
EXCELLENCE  
TRADITION**





# OUR PATRIOT PRIDE





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**F R E E D O M   H I G H   S C H O O L**

# COMMUNITY CORNER



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### CROSS COUNTRY PARTICIPATES IN TUNNELS TO TOWERS



*Student-Athletes and Coaches from our Cross Country team participated in the Tunnels to Tower race honoring the victims and those affected by events 9/11/2001*

Our Cross Country team and its coaches participated in the Tunnels to Towers race on Saturday, September 9th. The Tunnel to Towers Foundation is a charitable organization founded in tribute to NYFD firefighter Stephen Siller, who died on September 11, 2001, during the September 11 attacks.

Shannon Aguilar and Ishaan Jordan came in first for their age groups, and Carolina Lewis de Borba finished 2nd in her division.

It was a great opportunity to represent our school and take part in this event for an incredible cause.

Freedom High School is an incredible educational institution, and every day our students and our staff prove that to be true. The dedication and commitment to learning is evident when you set foot on our campus, and we hope that through our social media outlets, our newsletter, and our on-campus events that you feel connected to all the wonderful accomplishments of our Patriots.

As we navigate through the school year, I want to take a moment to reflect on the accomplishment of Ronit Apsingekar, Mateo Bodon, Sharanya Chatterjee, Melissa Crespilho, Diego Morales, and Alex Zhang who this week learned of their status as National Merit Scholarship Semifinalists. Their performances on last year's PSAT/NMSQT garnered them this prestigious honor, and provides the opportunity for these students to receive a number of scholarships and other academic recognition. We are also proud that we are one of three OCPS schools with multiple students and the second highest number of National Merit Semifinalists. Their success is a reflection of the hard work of all of our Patriots - students and staff alike.

We look forward to celebrating all of our students successes this year, culminating with the commencement of the Class of 2024. So, Patriots let us keep working hard for ourselves and each other as we continue on this journey.

This is Our Freedom!



*Charles France*  
Principal, Freedom High School

# WE ARE FREEDOM



LATINOS IN ACTION PRESENTS...

# HISPANIC WEEK HERITAGE

MONDAY SEP. 25



**DRESS UP: Jersey Day!**

Wear your favorite **Hispanic's sports team jersey or colors!**

**CULTURAL EXHIBITION:**

Come and take a look to the exhibitions of our beautiful culture at the courtyard during both lunches!

TUESDAY SEP. 26



**QUESTIONS FOR CANDY!**

LIA students will walk around the cafeteria/courtyard with trivia questions and **candy** during both lunches!

WEDNESDAY SEP. 27



**A TASTE OF HISPANIC CULTURE:**

LIA students will host a table filled with samples during both lunches of different foods and drinks!

**DRESS UP: Wear a Hispanic country flag colors! (no flags, no hats)**

THURSDAY SEP. 28



**GAMES DAY!**



LIA Students will place common games in Hispanic countries during both lunches at the courtyard.

**DRESS UP: Hispanic artist day!** Students, Teachers and Staff will be able to dress up as their favorite artist!

FRIDAY SEP. 29



**BINGO:** LIA will host a Bingo during both lunches at the courtyard, and the winner will receive a **CHICK-FIL-A GIFT CARD!**





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# UPCOMING EVENTS

## PTSA & SAC Meeting

Join us in the Media Center for our next PTSA & SAC Meetings of the 23-24 School Year. PTSA meets at 5pm, followed by SAC at 6pm.

18  
SEP

## Underclassmen Picture Day

Students in grades 9th, 10th, and 11th will take class photos during their English classes. Information on ordering photos will be sent home.

20  
SEP

## FHS Hispanic Heritage Week

Our Latinos in Action student leaders will help us celebrate Hispanic Heritage Month (Sept. 15-Oct, 15) with a week-long lineup of festivities inspired by Hispanic culture and traditions.

25-29  
SEP

## FHS College Fair

Our College & Career Program will host a college fair for FHS Seniors featuring various educational, technical, and military options available for the Class of 2024.

29  
SEP

## Open House

Join us as we welcome our Parents and Families to get an inside look at all that goes on here at Freedom High School. Event will begin in the PAC at 5:30pm. More information to come.

02  
OCT



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# MEET YOUR ACADEMIES TEACHERS



## **Mrs. LaToya Franklin**

*Hospitality and Tourism Management | Email: LaToya.Franklin@ocps.net*

Q: What accomplishment fills you with pride so far this year?

A: The absolute BEST accomplishment that has filled me with pride so far this year is the excitement among my Year 1 students. I've had quite a few students tell me that they were "just placed" in my class. Those same students have since expressed their newfound joy towards my class and the hospitality and tourism industry. I can't wait to see that overflow of excitement during our industry site visits.



## **Ms. Samantha Dodge**

*Agricultural Sciences & Horticulture | Email: Samantha.Dodge@ocps.net*

Q: What makes a 'good day' at school?

A: When the students are excited about lessons being taught; getting along; smiling as they walk into class.



## **Ms. Jessica Schroeder**

*Engineering and Robotics | Email: Jessica.Schroeder@ocps.net*

Q: How do you show your school spirit?

A: I love to attend students' performing arts or sporting events. It's extremely cool to see their talents that I don't get to see in class, and makes me so proud of them. And I also love to wear ridiculous outfits on spirit days or help at events like Homecoming and Prom!



## **Ms. Kristi Rose**

*Culinary | Email: Kristi.Rose@ocps.net*

Q: What's the best thing about being a teacher?

A: The best thing about being a teacher are the students. They brighten my day!





# MEET YOUR ACADEMIES TEACHERS



## Dr. Veronica Yates-Riley

*Career Specialist | Career and Technical Ed. | Email: Veronica.Yates-Riley@ocps.net*

Q: What accomplishment fills you with pride so far this year?

A: The number of students who have participated in #Talent-Tuesday (formerly known as Tech Tuesday at FHS). What started out as students asking for the candy incentive has grown to students asking questions about careers. Some students completed the personality survey to identify career interests while others asked about Orange Technical College (OTC) Dual Enrollment/Postsecondary opportunities.



## Mr. Kevin Houck

*Engineering, Robotics, and Digital Electronics | Email: Kevin.Houck@ocps.net*

Q: In which other teacher's class would you like to enroll, even for a day? Why?

A: I would love to take AP music theory. I had piano lessons for years until we moved when I was 14. Then I just practiced what I liked to play. I got pretty good at playing the notes as they were written, but I don't understand much about chords, keys, or playing by ear.



## Mr. Aarron Macon

*D. I. T. & Digital Design | Email: Aarron.Macon@ocps.net*

Q: How does technology make teaching more simple or difficult?

A: Teaching technology is both difficult and simple because some students do not have the basic skill sets to use the technology properly which makes teaching new technology difficult, adversely, teaching technology is simple because some students do have the basic skill sets to use technology properly which makes learning new technology very simple because they have the basic foundations that do not have to be taught at the same time while learning new technology.




## Mr. Michael Hellmund

*Astronomy & Aerospace Engineering | Email: Michael.Hellmund@ocps.net*

Q: How do you keep things fresh with your lessons and for student engagement?

A: I am always on the look out for interesting and up to date stories or events in astronomy or aerospace engineering. It could even be a interesting nightscape picture from an interesting location in the US. I am always encouraging my students to see other parts of our country – especially places where they can be awed by the night sky.

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# MEET YOUR ACADEMIES TEACHERS



## Mr. Joshua Katz

*PLTW Biomedical Sciences | Email: Joshua.Katz2@ocps.net*

Q: What inspires you?

A: I am passionate about the impact I have on these young students' lives each day. Not only through education, but helping them work their way through life and preparing them to be the best version of themselves once they leave high school is something I never take for granted.



## Mr. Spencer Copeland

*Entrepreneurship & Accounting Applications | Email: Spencer.Copeland@ocps.net*

Q: What's the best thing about being a teacher?

A: Students returning after they graduate, informing me that the information they learned in my class is paying off.



## Mr. Xavier Villacis

*Digital Video Tech | Email: Xavier.Villacis@ocps.net*

Q: What sort of morning routine do you have to get ready for class?

A: Arriving around 7am with a good 'cafe con leche', and making sure our studio is ready for our production of PTV.




## Mrs. Melanie Longstaff

*Early Childhood Education | Preschool Director | Email: Melanie.Smith@ocps.net*

Q: Besides the subject area you teach, what was your favorite subject in school?

A: My favorite subject in school growing up was math! Last year I taught 5th grade math in KY which reminded me of my love for math. I had not had a math class since my sophomore year of undergraduate. This year I assist my level 3s and preschool teacher in making math pre school appropriate lessons which so far has been very fun, I love seeing lessons my high school students create, come to life!

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# CLASSROOM SPOTLIGHT

## Sing A New Song



This past Saturday the chorus held their first ever Chorus Retreat at School. The goal of this event was to bring all of the students together for a day of bonding, learning, singing and team building.

To begin the day students progressed through a series of three sessions. Each session with a specific purpose. The first was a group voice lesson with an industry vocal professional, Mrs. Megan Supina. The next session, students rehearsed a piece called Sisi Ni Moja by Jacob Narverud, that will performed by the entire chorus program as well as a choir from our feeder at Freedom Middle School at the close of our first concert of the year on Sept. 28th at 6:30pm. Finally they moved to team building games led by our chorus leadership.

This was an amazing success and we were so excited to come together, create music and create new friendships!





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# STUDENT LIFE AT FHS

FREEDOM HIGH SCHOOL  
FALL BLOOD DRIVE  
SEPTEMBER 21ST

TINYURL.COM/FALLBLOODDRIVE23

September 28th

**LAW CLUB INTEREST MEETING**

JOIN REMIND  
TEXT "LAWCLUBFHS" TO 81010

@ 2:30  
ROOM 408

**FREEDOM HIGH SCHOOL CHORUS**  
PRESENTS IN COLLABORATION WITH  
FREEDOM MIDDLE SCHOOL CHORUS

*Reflections  
of Earth*

**FREEDOM HIGH SCHOOL PERFORMING ARTS CENTER**  
2500 WEST TAFT VINELAND ROAD, ORLANDO, FL 32837  
THURSDAY, SEPTEMBER 28TH, 2023 | 6:30 PM  
ADMISSION IS FREE ; DONATIONS ACCEPTED

**RUMORS**  
BY BY NEIL SIMON

DIRECTED BY SARA SKINNER-PROBST  
OCTOBER 19-21, 2023 @ 7:00PM  
TICKETS ARE \$10 AT WWW.FHSBOXOFFICE.COM

## WINTER SPORTS BEGIN IN OCTOBER

Boys Basketball  
Head Coach Todd O'Neal  
Email: John.Oneal@ocps.net

Competition Cheer  
Head Coach Sara Graham  
Email: Sara.Graham@ocps.net

Boys Soccer  
Head Coach Juan Baquero  
Email: Juan.Baquero@ocps.net

Wrestling (Boys/Girls)  
Head Coach David Bush  
Email: David.Bush@ocps.net

Girls Basketball  
Head Coach Rob Caraballo  
Email: Robert.Caraballo@ocps.net

Girls Weightlifting  
Head Coach Kristy Kline  
Email: Kristy.Kline@ocps.net

Girls Soccer  
Head Coach Melanie Longstaff  
Email: Melanie.Smith@ocps.net

Special Olympics Basketball  
Head Coach Susan Scheuer  
Email: Susan.Scheuer@ocps.net



Go to

[FreedomHghAthletics.com](http://FreedomHghAthletics.com)  
for Scores and Recaps

**THIS WEEK IN SPORTS**

- 9.15-9.16 | Girls Volleyball at LHHS Invite at Game Pointe | TBD
- 9.19 | Girls Volleyball vs Osceola | 4:30(Fr), 5:30(JV), 7:00(V)
- 9.20 | Bowling vs Jones at AMF Sky Lanes | 3:00pm
- 9.20 | Golf vs Cypress Creek and University at Grande Vista | 3:30pm
- 9.20 | JV Football @ Horizon | 6pm
- 9.20 | Swim vs Winter Park at Rosen Aquatic Center | 6:45pm
- 9.21 | Girls Volleyball vs Cypress Creek | 4:30(Fr), 5:30(JV), 7:00(V)
- 9.22 | Football vs Ocoee | Kickoff at 7pm

### Fall Sports @ FHS

- Football
- Girls Volleyball
- Cross Country
- Swimming and Diving
- Cheerleading
- Bowling
- Golf

Athletic Director  
Robert Rego  
Email: Robert.Rego@ocps.net



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# NATIONAL MERIT SCHOLARSHIP SEMIFINALISTS



Congratulations to our six Freedom Patriots who were named National Merit Scholarship Semifinalists.

We are proud to recognize these students for their outstanding performance on the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®) and the distinction of being among the highest-scoring entrants in the state of Florida.



**CONGRATULATIONS**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALISTS



**Ronit Apsingekar**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALIST



**Mateo Bodon**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALIST



**Sharanya Chatterjee**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALIST



**Melissa Crespilho**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALIST



**Diego Morales**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALIST



**Alex Zhang**  
NATIONAL MERIT SCHOLARSHIP SEMIFINALIST

# Gothic Mansion

Homecoming Spirit Week - Dress Up Days

Homecoming Dance Oct. 7th from 7-11pm

[Click Here to Purchase Your Tickets](#)



Mon. - The Walking Dead  
(Dress in your PJ's)



Tues. - Clone Day



Wed. - Dark Academia  
(Wear Dark Colors)



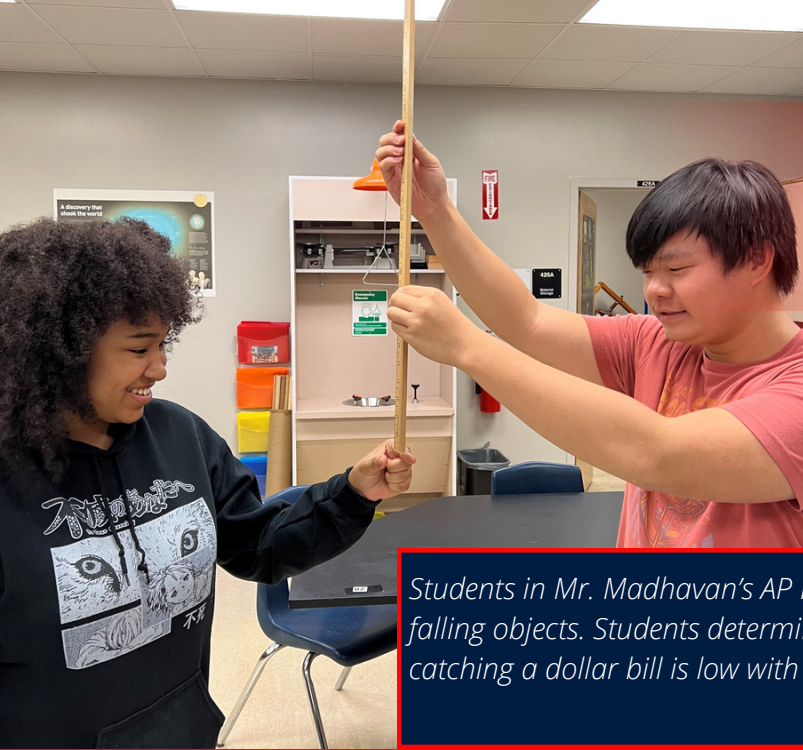
Thurs. - Harry Potter Day  
(House Colors: Red, Blue,  
Green, Yellow)



Fri. - Phantom of Freedom  
(Wear Red, White, and Blue)

# HANDS-ON EXPERIENCE

Classrooms Coming to Life



*Students in Mr. Madhavan's AP Physics 1 participated in an activity related to the topic of free-falling objects. Students determined their reaction time and explained why the probability of catching a dollar bill is low with their fingers placed at the midpoint of a dollar bill.*



*Senior Isadora Martinez picked up Freedom's Future Farmers of America (FFA) newest 'members' this past Saturday at The Central Florida Fair. Isadora will be partnering up with Chloe to raise and showcase our FFA chickens this year. Our students cannot wait to watch our chickens grow. They will be on display on the windows of the classroom for all to see. Special thank you to Ms. Lilli Dodge for her assistance in setting up our chickens' new home.*



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# OCPS ALUMNI NETWORK

OCT 7 | 7:30 PM

VS



*Connect with old friends and meet new friends at the next OCPS alumni event. Join us as Orlando City takes on the New England Revolution. Tailgate and networking starts at 5pm. Purchase discounted tickets below!*

FROM  
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# THE FREEDOM 4-1-1

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## VISIT US ON THE WEB

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## UNDERCLASSMAN PICTURE DAY

CA  
DY

School  
Picture Day  
Coming Soon!



Freedom High School

Underclassmen  
September 20, 2023  
During English Classes



$$y = mx + b$$



$$V = \frac{4}{3} \pi r^3$$

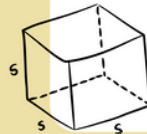
## MATH TUTORING

Come Join Us!

Tutoring Sessions

Tuesday & Thursday:  
2:30-3:30pm

Room: 539



$$V = s^3$$

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$



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